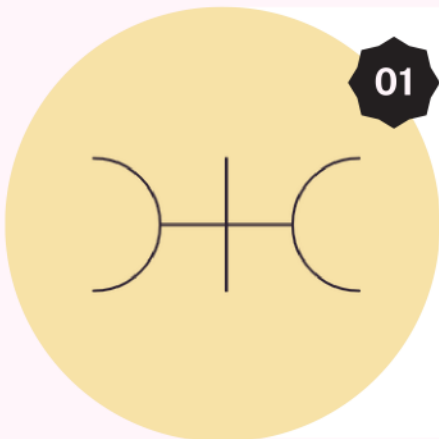


Sigils

an introduction



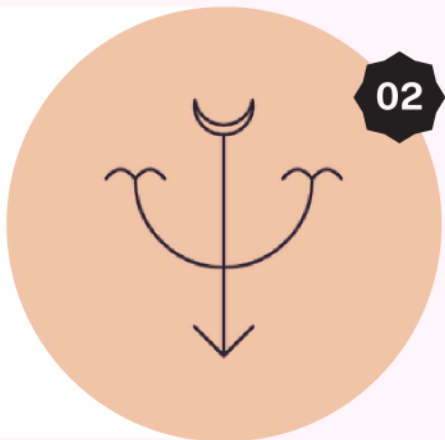
01

What is a sigil?

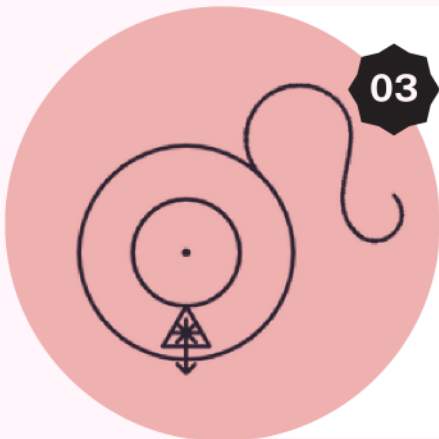
A sigil is a unique symbol created for the purpose of representing a specific intention. The creation of a sigil usually involves writing out a specific statement of intent and then condensing it into a single symbol through use of various methods. The resulting sigil is then charged with energy and used as a tool to help manifest the desired outcome.

Common methods for creating sigils

There are numerous ways to create sigils but the most common methods include the Austin Spare method, The Saturn Square method and the freehand method. Some practitioners use a sigil wheel as well. Experiment with different methods to find the one that most resonates with you.



02



03

Activating a sigil

To activate a sigil, you need to charge it with energy and intention. One common method involves visualizing the sigil and filling it with energy from your body. Another method is to burn the sigil while focusing on your intention, or to meditate on it and visualize it becoming more vibrant and charged with energy.

Where to put a sigil

A sigil can be placed on an object, in a sacred space, or on your body. Putting the sigil on an object, such as a candle or talisman, can help imbue it with energy. Placing the sigil in a sacred space or on your body can help you focus your intention and connect with its energy.



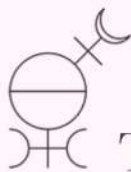
04



05

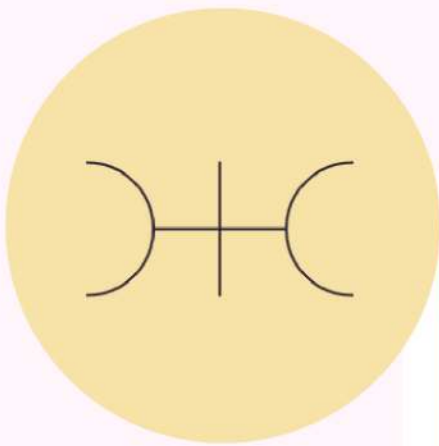
Destroying or keeping sigils

The original purpose of sigils was to destroy them after activation. Their energy has gone out into the universe and you should not think about them or focus on them. However, some people may wish to keep their sigil in a sacred place, on their body, on a piece of jewelry or other item.



Sigils

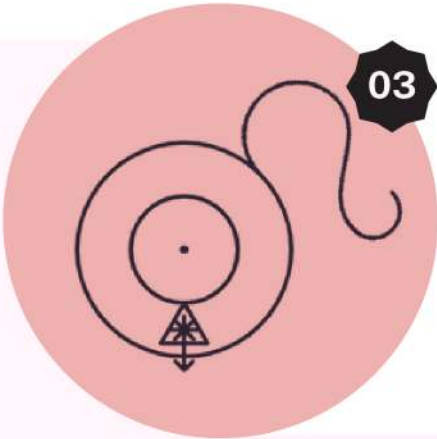
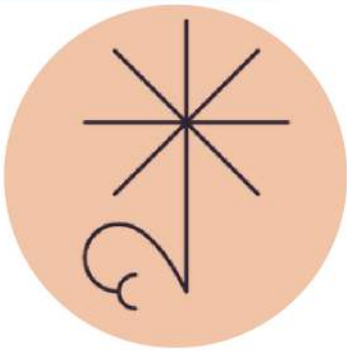
THE SATURN SQUARE METHOD



1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Write your intention

To write an intention for a sigil start by identifying your desired outcome. Then, create a statement that captures the essence of your intention in a clear and concise manner. You should always use the present tense. For example say, "I am protected," rather than "I want to be protected."



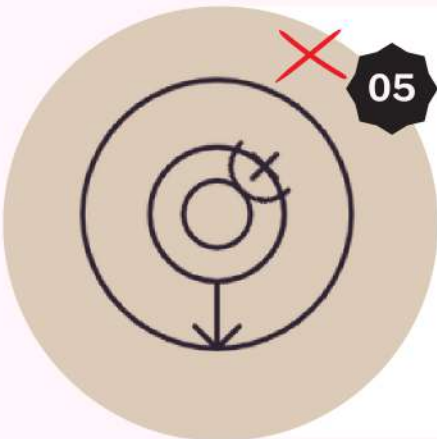
Cross out the vowels

note: some people choose not to cross out vowels

I AM PROTECTED
~~I~~~~A~~~~M~~ ~~P~~~~R~~~~O~~~~T~~~~E~~~~C~~~~T~~~~E~~~~D~~
MPRTCTD

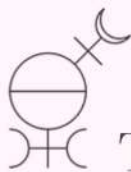
Cross out any repeating letters

MPRTCTD
MPRCD



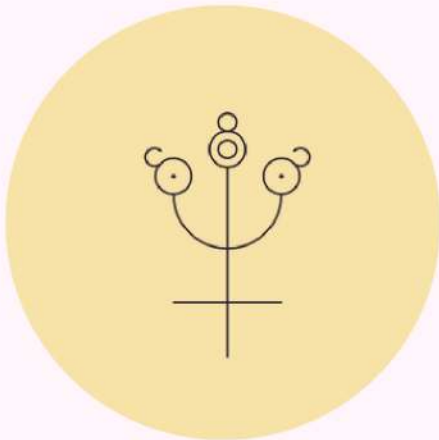
Calculate the numerical values using the above table

MPRCD
47934



Sigils

THE SATURN SQUARE METHOD

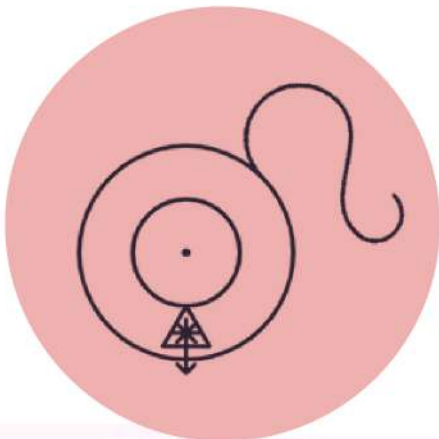
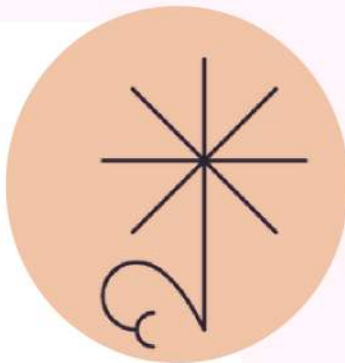


Cross out any repeating numbers

~~4~~793~~4~~
793

The Magic Square Of Saturn

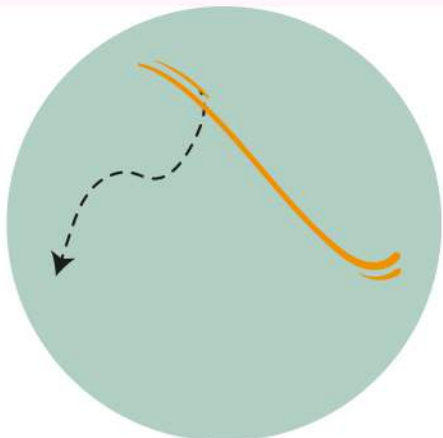
4	9	2
3	5	7
8	1	6



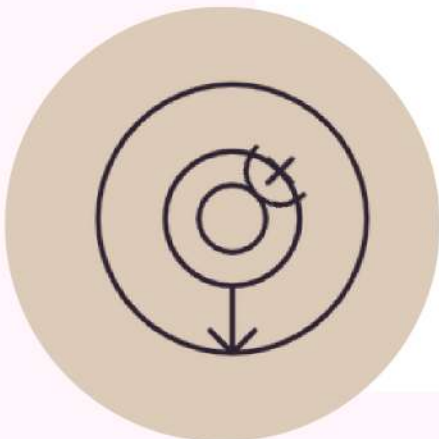
The Magic Square of Saturn is a mystical diagram that consists of a 3x3 grid of numbers. The sum of each row, column, and diagonal in the grid always equals 15, which is believed to be a powerful number in many spiritual traditions. 15 is associated with the planet Saturn, which is known as a symbol of discipline, wisdom, and spiritual growth. In occult traditions, each planet has a magic square.

Connect the numbers

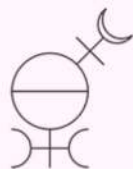
4	9	2
3	5	7
8	1	6



Make it your own

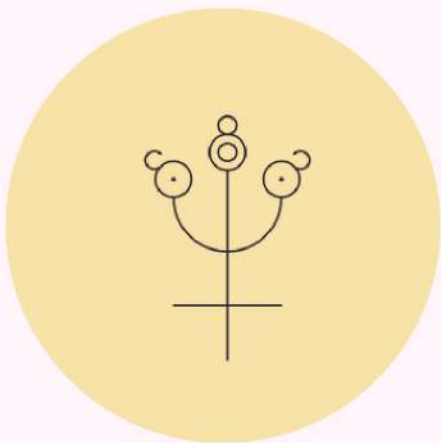
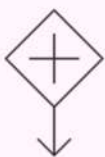


When connecting the numbers feel free to add your own artistic flair. This is your sigil, and it should be imbued with your energy. You can also add on other symbols to make it uniquely yours.



Sigils

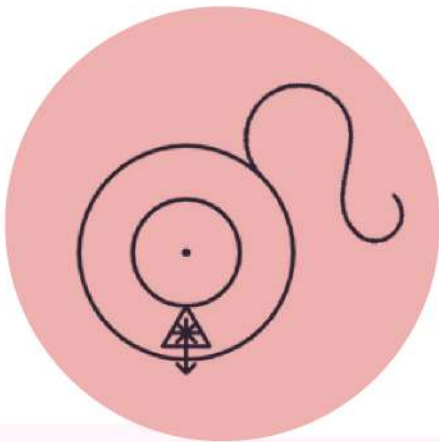
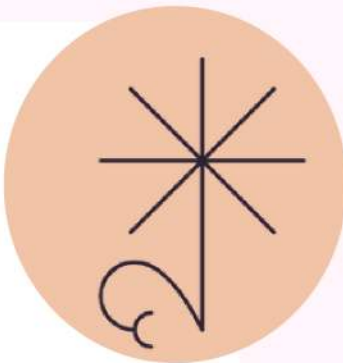
THE FREEHAND METHOD



The freehand method of making sigils is a simple and intuitive technique that involves creating a unique symbol or design by hand. The practitioner first writes out their intention or desire, and then combines the letters and shapes into a single, abstract image. This image is then charged with energy and used as a tool for manifestation or transformation.

Write your intention & cross out all vowels and repeating letters

I AM PROTECTED
~~I AM PROTECTED~~
MPRCD



Make it your own

Above you'll see a sigil that I created in the freehand style for the intention, "I am protected." You can see that I have used a combination of the letters and added a circle and a triangle. You can also add any symbols that are meaningful to you.



Charge your sigil

To charge your sigil, first focus your intent on what you want to achieve. Next, visualize the sigil's energy growing stronger and more intense. Finally, release the sigil by burning, burying, or tearing it apart, trusting that your intent has been set in motion.

